# b&wLOGO Llanfechain Church in Wales School

### Ysgol Yr Eglwys Yng Nghymru Llanfechain

Llanfechain

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*24.4.24*

Dear parents and carers,

**Courses for Parents and Carers**

We have been notified on a several courses that are being in in the coming days/weeks for parents, that we thought might be of interest to you. I apologise for the short notice, but I have only been given this information today. I am assured that each date is a separate topic, and therefore you don’t need to attend them all.

**Parenting in a Digital World: Promoting Safety, Wellbeing, and Resilience for Children and Young People - A Free Online Webinar for Parents/Carers**

**Date: 25th of April 5.15pm - 6.30pm**

WISE KIDS is delighted to be hosting a free webinar aimed at parents/carers across Gwent and Wales. This webinar aims to empower parents/carers with knowledge and skills for effective digital parenting. It will address current and emerging technologies and share practical ideas, actions and resources that parents/carers can use to develop positive and safe internet use, promote critical thinking, digital wellbeing, and resilience for their children.

To register [click here](https://forms.gle/smZPvgwyBkKLHAVz7)

Everyone who registers will be sent 'Joining Links' before the event. Please note the webinar will be delivered in English and will be recorded.

**Online School Readiness Programme**

**24th April, 1st May, 8th May,15th May 9:30-11:30**

For parents of children due to start school this September or that have just started school.

You will learn about:

* Supporting your child to make friends
* How to help your child learn to be cooperative, share, help friends, wait and take turns
* How to help improve your child's language skills and learn to regulate their emotions
* Building vocabulary, strengthening understanding of language and expressing themselves through their words
* Building self-confidence in your child
* Developing their reading skills, expanding their expressive and descriptive language skills, and stimulating their curiosity and love for learning

[Register here](https://forms.office.com/e/A78UYGkLjD)

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Kind regards,

Catherine